



**CONNECTICUT INTERGROUP OF OVEREATERS  
ANONYMOUS BACK TO BASICS WORKSHOPS**  
PLEASE SAVE THE DATE AND JOIN US ON THE TOPIC:

# **THE BASICS OF RECOVERY**

*Come hear speakers share their experience,  
strength and hope.*

*Participate in group sharing and fellowship.*

**Sunday April 14th 2 p.m. to 5 p.m.**

**St. John's Episcopal Church  
679 Farmington Ave,**

**West Hartford, CT 06119**

**Handicap Accessible**

**Off-street parking available**



FOR more information please text or call

Laura (860) 680-8663 or Donna at (860) 810-8392