

ALL THE OVEREATERS ANONYMOUS
INTERGROUPS OF NJ PRESENT

I.D.E.A. DAY

SUNDAY, NOVEMBER 21, 2021 • 10AM-NOON EDT

International Day of
Experiencing Abstinence

3 Fabulous Speakers

- New Abstinence
- Abstinence After Relapse
- Long Term Abstinence

Sharing Time and Holiday Survival Tips

ZOOM LINK:

<https://us02web.zoom.us/j/85822990150?pwd=eDkxZEkrQ2lNeHRITm5LVU5sOENxdz09>

DIAL IN NUMBER: **+1 929 205 6099 US (New York)**

MEETING ID: **858 2299 0150** PASS CODE: **1121**

For more information, contact Susan (201)-960-1995
OR Nick (908)-337-6582

Suggested donation: \$5

Give what you can - your presence is more important than your money.

Please send checks to NJIOA P.O. Box 827 Fair Lawn, NJ 07410

If you have a Venmo or Zelle account: please send to njioapay@gmail.com

Please indicate this event on your donation - thanks for your support!