**Connecticut OA Meetings in Fairfield and New Haven Counties**

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| **Day, time and city/town** | **In-person, virtual, or hybrid?** | **Meeting focus** | **Location (for in-person & hybrid mtgs)** | **Zoom info (for virtual & hybrid mtgs)** | **COVID protocols (for in-person & hybrid mtgs)** |
| Mon 12:00 Noon Stamford | Hybrid | Step/Tradition | **Stamford Church of Christ-Hybrid meeting**[1264 High Ridge RdStamford, CT 06903United States](https://www.google.com/maps/search/?api=1&query=Stamford%20Church%20of%20Christ-Hybrid%20meeting%2C%201264%20High%20Ridge%20Rd.%20Stamford%2C%20CT%2006903) | Meeting ID: 8806 757 8349Passcode: Foodplan12 |  |
| Mon 12:15 Southport | Virtual | OA 12 & 12/Speaker |  | Meeting ID: 861 674 499Passcode: 193193 |  |
| Mon 7 pm New Haven | Virtual | Big Book/Step/Speaker/Tradition |  | Zoom meeting ID: 834 5974 4433Passcode: 424201 |  |
| Mon 7 pm Stratford | Hybrid | Newcomers | Grace Lutheran Church150 Chapel St, Stratford | Meeting ID: 784 4302 9363Passcode: 8bx6VW | Masks required |
| Tues 12:00 Noon Stamford | Virtual – Temporarily Suspended | Literature |  | Meeting ID: 8806 757 8349Passcode: Foodplan12 |  |
| Tuesday7:00 PM Guilford | In-person only | Writing | Guilford Christ Episcopal Church, 11 Park Street, Guilford | Contact Annette C. 203-671-4656 |  |
| Wed 11:00 AM Westport | Virtual | Big Book/Step/Tradition |  | For info, contact Sandy at swalsh1960@aol.com |  |
| Wed 12 Noon Stamford | Virtual – Temporarily Suspended | Literature |  | Meeting ID: 8806 757 8349Passcode: Foodplan12 |  |
| Wed 7 pm Branford | Virtual |  |  | ID #842 0310 5586PC #984016Contact Tina - 203 815-8347 |  |
| Wed 7 pm Danbury | Virtual |  |  | Meeting ID: 674 434 221Passcode: 121212 |  |
| Wed 7 pm Darien | Virtual |  |  | For info, contact Dale at dalekesten@gmail.com |  |
| Thur 12 Noon Stamford | Virtual – Temporarily Suspended | Literature |  | Meeting ID: 8806 757 8349Passcode: Foodplan12 |  |
| Thur 1 PM Darien | In Person | Literature (Steps, Traditions, etc.) and Speaker formats depending on 1st-5th Week of Month | Boy Scout Cabin 140 West Avenue, Darien CT 06820 |  |  |
| Thur 7 pm Hamden | Virtual |  |  | Meeting ID: 957 879 286Passcode: 288540 |  |
| Fri 12 Stamford | Hybrid | Speaker/Literature | **Stamford Church of Christ-Hybrid meeting**[1264 High Ridge RdStamford, CT 06903United States](https://www.google.com/maps/search/?api=1&query=Stamford%20Church%20of%20Christ-Hybrid%20meeting%2C%201264%20High%20Ridge%20Rd.%20Stamford%2C%20CT%2006903) | Meeting ID: 8806 757 8349Passcode: Foodplan12 |  |
| Fri 12:15 Southport | Virtual | Step/Tradition/Tools |  | Meeting ID: 861 674 499Passcode: 193193 |  |
| Sat 8 am New Haven | Hybrid | Writing | Bethesda Lutheran Ch.305 St. Ronan St, New Haven (Mulhuland Rm) | Meeting ID: 816 6136 9055Passcode: 947284 | Masks & social distancing required |
| Sat 10:30 am Danbury | Virtual |  |  | Meeting ID: 849 483 181Passcode: 121212 |  |
| Sat 9:30 am Darien | Virtual | Step/Tradition |  | For info, contact Dale at dalekesten@gmail.com |  |
| Sat 10 am Stratford | In-person | Literature | Christ Episcopal Church2000 Main St, Strtfd, 1st Fl. |  | Masks required |
| Sat 11 am Norwalk | Virtual |  |  | For info, contact Damian at dvrinaldi@yahoo.com |  |
| Sun 9:30 am Darien | Virtual |  |  | For info, contact Dale at dalekesten@gmail.com |  |
| Sun 7 pm Stratford | Hybrid | Relapse/recovery | Grace Lutheran Church150 Chapel St, Stratford | Meeting ID: 415 811 6022Passcode: 420915 | Masks required |

**For meetings elsewhere in Connecticut and nationwide, including virtual meetings: oa.org/find-a-meeting**